## **Recovery from Surgery**





After your procedure is complete, you will be awoken from anesthesia and taken to the **Recovery Room**. Depending on your surgery, you will either be monitored there prior to discharge home, or you will continue your recovery in the hospital and be transferred to the **Postoperative Ward**.



You may experience pain, nausea and vomiting after the procedure. You will be provided with medication to help you with these symptoms.

## ... a note about bladder catheters

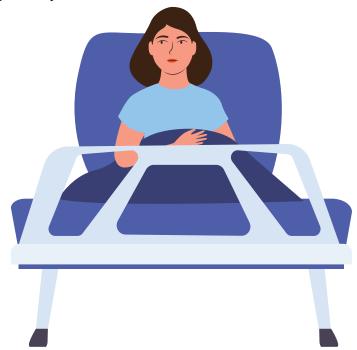
**Depending on your surgery, you may wake up from surgery with a urinary catheter in place.** This drains urine from your bladder. If you are going home the day of your surgery, the catheter will be removed in the Recovery Room. The nurses will assist you as you ambulate to the washroom and ensure you are able to void on your own before discharge. If you are staying in the hospital, your catheter is typically removed on the day following your surgery.



## Your medical team will be monitoring you to ensure...

Your medical team will be monitoring you to ensure you are recovering well after surgery. Some of the things they are watching for may include:

- Bleeding from any incision sites
- Bleeding from the vagina (A small amount of bleeding or spotting is normal. However, heavy bleeding that fills a pad is not normal and requires attention.)
- Bladder concerns (For example, some patients may not be able to void when the catheter is taken out. This is called urinary retention. The catheter may need to be re-inserted briefly with another attempt to void made hours later or the next day.)
- Constipation
- Infections
- Blood clots



If your procedure requires you to stay in hospital for a few days, your medical team will also monitor for other specific signs indicating readiness for discharge home.